



Conscious Dating: Finding the Love of Your Life & the Life That You Love

David Steele

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If you are single and seeking the love of your life, this is the only book you need.

Today there are more single people than ever in history. Over 40 percent of our adult population is single and most of them want to meet their perfect mate.

But dating has its drawbacks and really doesn't work anymore as a way to find relationship happiness, says David Steele, marriage and family therapist, founder of the Relationship Coaching Institute (the first and largest relationship coach training organization) and author of *Conscious Dating*.

We want to be happy in relationships, but don't know how. The old way of dating and mating simply doesn't work anymore, says Steele, the rules have changed and most of us don't know what the new rules are. In searching for love, most singles are using trial and error, flying by the seat of their pants, or following bad advice.

This is not just another dating book filled with tired ideas about how to get a man or woman. Conscious Dating provides relationship information and strategies proven and tested with thousands of singles worldwide from a pioneering leader in the field of relationships. It does not offer manipulative or deceptive practices that compromise who you are, in fact it helps singles celebrate who they are and see being single as an opportunity and not a disease.

This groundbreaking book starts by looking at fourteen dating traps and why dating doesn't work. Then author David Steele delves into the ten principles for conscious dating and how any single can go from dating disaster to dating success! Conscious Dating is destined to change the way you view dating, relationships and, most importantly, yourself. Who are you? What do you want? How can you get what you really want in your life and relationships?

Packed with tips, quizzes, personal stories and real world advice, David Steele shows you how to take a proactive role, perhaps for the first time in your life, so that you can find the love of your life and the life that you love.

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