



Finger Lickin' Food: Southern-Style Recipes for All the Family

Jamie Deen

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Finger Lickin' Food reflects Jamie's life as a husband and a father who loves to cook for his family. He firmly believes in everyone sitting down together for a home-cooked meal and so has created 125 recipes that turn this daily challenge into a pleasure. These dishes are healthy, fresh, seasonal and affordable. They introduce children to many different flavours and textures and are geared towards satisfying everyone, big and small: Black Bean Burgers with Fresh Pico de Gallo, Roast Pork Loin with Sausage, Figs and Fresh Herbs. Jamie includes prep times, cooking times, ideas for leftovers, plus tips for stocking your kitchen with pestos and vinaigrettes that prove invaluable when you want a meal in minutes. And to top it all off, his son Jack has a chapter all to himself, full of favourites like Cheesy Eggs, Frozen Chocolate Bananas and Watermelon Kiwi Pops - something to fuel everyone's enthusiasm for good cooking and eating.



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