



Deeper Meditation: Find Ultimate Inner Peace with Subliminal Messages

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Deeper Meditation - Find Ultimate Inner Peace with Subliminal Messages.

Seven powerful recordings, each 10 minutes long, containing thousands of embedded subliminal messages designed to help you reach your goal.

This recording contains the following subliminal affirmations:

- I am able to mediate with ease
- Meditation helps me relax and let go of stress
- Meditation enriches my life
- I easily achieve a state of total relaxation
- Deep meditation heals and nourishes me
- Meditation keeps me calm and centered
- I am able to quiet my mind
- Meditation helps me discover valuable insights
- I feel empowered and refreshed after meditation
- I can achieve a deep meditative state
- Meditation helps me achieve inner peace
- Deep meditation restores my energy and inspiration

To use this recording, simply hit "play" and listen. You can also listen on repeat in the background if you desire.

For full listening instructions, visit: http://www.subliminalguru.com/listen

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To learn how subliminal messages are embedded into this audio, visit http://www.subliminalguru.com/subliminalanatomy.pdf



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