



FALLOUT: A Survivor Talks to Incest Offenders: Plus the Author's Dream Journal and Diary

Nan Mykel Ph.D.

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Nan Mykel is a psychologist and incest survivor who spent 12 years of her professional career counseling sex offenders in a prison treatment program. Now she breaks out of her closet of silence, comparing her personal experience of incest with that reported in the literature. The result is both scholarly and vividly intimate. We see her father through her eyes and his letters, as the trauma bond is tightened and finally unravels. We begin to understand the fallout that dogs the incest survivor and taints her relationship with herself and others. And we witness the author's lifelong struggle toward accepting herself as more than "damaged goods". Words and drawings selected from her journal comprise the second part of this extraordinarily frank nonfiction work.

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