



Just Do It At This Moment 6 Motivational Theories That Control Your Busy Life (Creative, Motivation, Productivity, Goal Setting)

Christopher Pearle

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Use These Powerful Motivational Theories To Set Goals And Get Ahead Today!

AS HUMANS, WE ARE VERY STRANGE CREATURES. We have these amazing brains, which allow us to do incredible things. Yet, at our core we are animals. Like any animal we will only exert as much energy as necessary and we like to conserve it at all costs.

How much time do we spend thinking about the things that we should do, instead of taking action and actually doing them?

Motivation is imperative for anything you do, whether it is contemplating or making companions, taking in an outside dialect, lifting weights, beginning another vocation or enhancing your monetary condition.

In what manner would you be able to reinforce your Motivation?

What you will learn...

- How To Get Your Motivational Seesaw Tipping In The Right Direction
- How To Overcome Your Habitual Instincts For Maximum Growth
- How To Escape The Emotional Abuser's Trap To Find Motivation
- How To Grow Motivating Thoughts That Lead To Motivating Habits
- How To Strengthen That Motivational Muscle
- How To Take MASSIVE Action
- And Much, Much More!

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