



The Laundry List: The ACoA Expereince

Tony A, Dan F.

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If you were brought up in a family crippled with alcoholism, this book is for you. Tony A., the co-founder of the ACoA movement and originator of the "Laundry List," gives you an insider's view of what it means to be an adult child of an alcoholic and what this worldwide recovery movement offers its members.

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