



The Grownups' ABCs of Conflict Resolution

Victoria Pynchon

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The Grownups' ABCs of Conflict Resolution If you're working with difficult people (who isn't?) or are not getting the results you want in your work or your personal relationships, this book on conflict resolution is for you! In The Grownups' ABCs of Conflict Resolution, attorney-author and mediator Victoria Pynchon describes why conflicts arise, what types of people draw conflict to them like a magnet, and how to effectively deal with the disputes that dog our days and trouble our sleep at night. With clear writing, personal stories and humor, Pynchon provides valuable information and insight into the way in which we habitually fall into conflict and how we can use it to transform our lives and the lives of those around us. This easily understandable book provides practical suggestions for people to use in their day-to-day lives. The cheerful 'monster' illustrations remind us that monsters and conflicts are are often of our own creation and can be tamed if only we have the magic words. You'll find those transforming and healing words inside. Join us! Excerpt from Chapter 1, A is for Asshole, "Thus we learn that an asshole is not necessarily a person or even a behavior. No one can be an asshole alone in his room. He needs someone to be an asshole to. An asshole is a social relationship in crisis. An asshole is a dispute."

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