

# A Book of Miracles: Inspiring True Stories of Healing, Gratitude, and Love

Dr. Bernie S. Siegel

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## A Book of Miracles: Inspiring True Stories of Healing, Gratitude, and Love

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A Book of Miracles: Inspiring True Stories of Healing, Gratitude, and Love Dr. Bernie S. Siegel Heartwarming and Heart-Opening Stories Gathered from Decades of Medical Practice

Bernie Siegel first wrote about miracles when he was a practicing surgeon and founded Exceptional Cancer Patients, a groundbreaking synthesis of group, individual, dream, and art therapy that provided patients with a "carefrontation." Compiled during his more than thirty years of practice, speaking, and teaching, the stories in these pages are riveting, warm, and belief expanding. Their subjects include a girl whose baby brother helped her overcome anorexia, a woman whose cancer helped her heal by teaching her to stand up for herself, and a family that was saved from a burning house by bats. Without diminishing the reality of pain and hardship, the stories show real people turning crisis into blessing by responding to adversity in ways that empower and heal. They demonstrate what we are capable of and show us that we can achieve miracles as we confront life's difficulties.



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