



Supercharged Low Carb Diet Solutions You Wish You Knew

Mr Mirsad Hasic

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DISCOVER:: How to FINALLY Lose Weight With Low Carb Eating – Even When You Have 50, 75, 100, or Even 150 Pounds to Lose!

Warning: This book may make you mad, but it'll be worth it. And if you think you know every single thing about weight loss...ask yourself this... WHY AM I STILL OVERWEIGHT? You've been warned! I've got a problem: I'm absolutely fed up with books that assume people can't lose 50, 60, 70, 80 or even 100 pounds. And don't get me started on how many people get left out in the cold when you make an even worse assumption: you can't lose 150 pounds or more. See, I'm in a field where so-called "miracles" happen, and people lose this type of weight all of the time. But here's the glorious thing about it: it's not a miracle. It's science. For example, how can you blame overweight people for not losing weight when nobody has ever told them about leptin, a hormone that regulates hunger. Overweight people often have raging leptin dysfunction, but when's the last time you've heard Woman's World or First magazine talk about that? My point exactly. We can't start wailing about the obesity crisis and then not offer a solution. I'm ready, willing, and able to throw my hat in the ring. The only thing you need to do is come to this book with an open mind. It's not easy to do that after you've been promised over and over that you're going to be able to lose weight. When that weight loss doesn't come, it's only reasonable that you're going to be skeptical. I'm okay with that; I'm still here to help!

YOUR MISSION:: Break Those Overweight Chains and Start Living the Life You Crave!

This book, **Supercharged Low Carb Solutions for Game Changing Weight Loss and Healthy Living**, is a book designed to get you moving in a positive direction. It's an honest book that introduces several concepts, and gives you plenty more to look up. I wanted to blend in a good mix of science, common sense, and real world observations. Ready to get moving? Get organized? Get back into the swing of things? This is your book, even though you might not realize it just yet.

DOWNLOAD:: Supercharged Low Carb Solutions for Game Changing Weight Loss and Healthy Living

When you check out this book, here's what you're going to learn:

- The TOP combination of diet, exercise, and lifestyle changes required for healthy weight loss
- The BEST way to get started with an exercise program (yes, even if you have 150+ pounds to lose!)
- Why you SHOULDN'T just run blindly to established low carb eating programs (yes, I'm aiming right at Atkins. Get mad.)
- Realistic ways to design a food plan that works perfectly for you, not some cookie cutter thing that you'll have to hack to pieces anyway
- How to get a REAL accountability partner, not just somebody that refuses to tell the emperor he has no

clothes. (Yep, get mad again. You need this section!)

Would You Like to Know More?

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