



Neurofeedback and Neuromodulation Techniques and Applications

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The study of neurofeedback and neuromodulation offer a window into brain physiology and function, suggesting innovative approaches to the improvement of attention, anxiety, pain, mood and behavior. Resources for understanding what neurofeedback and neuromodulation are, how they are used, and to what disorders and patients they can be applied are scarce, and this volume serves as an ideal tool for clinical researchers and practicing clinicians in both neuroscience and psychology to understand techniques, analysis, and their applications to specific patient populations and disorders. The top scholars in the field have been enlisted, and contributions offer both the breadth needed for an introductory scholar and the depth desired by a clinical professional.

- Includes the practical application of techniques to use with patients
- Includes integration of neurofeedback with neuromodulation techniques
- Discusses what the technique is, for which disorders it is effective, and the evidence basis behind its use
- Written at an appropriate level for clinicians and researchers

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