



Color Me America: Stress Relieving Coloring Patterns for Adults (Adult coloring books)

Samantha King

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Color Me America Coloring book is inspired from the Buddhist philosophy to promote happiness state of minds and recovery of vital energy. It consists of divine oriental images whose blessings bring happiness, fortune and reconversion of dissatisfaction into satisfaction. Everything is thought in order to create harmony, starting from the use of colors in the common areas. They change from one floor to the other exercising a healing function on stress and negative attitudes and contributing to encourage calm and relax sensations.

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