



Office Politics: How to Thrive in a World of Lying, Backstabbing and Dirty Tricks

Oliver James

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Review "I can't remember the last time I read such a useful and eye-opening book. But be warned: after reading it, you may never want to go to work again." (Mail on Sunday) "Oliver James is excellent at showing why social scientists think that the surge in material affluence can produce the opposite of happiness." (Avner Offer, Professor of Economic History, University of Oxford) Book Description A fascinating exposé of office culture, in the style of the bestselling *Affluenza*, from popular psychologist Oliver James From the Inside Flap In his bestselling *Affluenza*, Oliver James examined the capitalist culture leaving so many of us unsatisfied with life. Now James is turning his microscope to the workplace in this fascinating exposé of office politics. With cutting-edge research and eye-opening interviews, James reveals the murky underside of modern office life. If you think you are judged on merit, think again. It's your ability to play the political game that counts. This culture has created a new breed of office monsters, willing to go to extraordinary lengths to succeed. Exposing the devious practices that propel people to the top, James divulges strategies and techniques for triumphing over these difficult working environments. With the right mindset, you can distinguish and deal with toxic and overpromoted colleagues, charm your way through interviews and use office politics to your advantage.

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